

Fitness Product Comparison



	FR 70	SWIM	Forerunner 110	Forerunner 210	Forerunner 410	Forerunner 610	Forerunner 310XT	Forerunner 910XT	Edge 200	Edge 500	Edge 800	
	INDOOR		RUNNING				MULTI-SPORT		CYCLING			
	Gym	Swimming	Running		Adv. Running		Multi-sport		Cycling	Adv. Cycling	Adv. Cycling/NAV	
GPS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	GPS
Watch Mode	✓	✓	✓	✓	✓	✓	✗	✗	✗	✗	✗	Unit Dimension - WxHxD
Display Resolution	56x31 Pixels	55x31 Pixels	52x30 Pixels	52x30 Pixels	124x95 Pixels	128x128 Pixels - Touch Screen	160x100 Pixels	160x100 Pixels	48x69x22mm	48x69x22mm	51x93x25mm	Display Size - WxH
Battery - Workout Mode	Up to 1 Year	Up to 1 Year (with powersave mode)	Up to 8 Hours	Up to 8 Hours	Up to 8 Hours	Up to 8 Hours	Up to 20 Hours	Up to 20 Hours	30x37mm	30x37mm	36x55mm - Touch Screen	Display Resolution
Battery - Watch Mode	1 Year	1 Year	3 Weeks	3 Weeks	2 Weeks	4 Weeks	✗	✗	128x160 Pixels	128x160 Pixels	160x240 Pixels	Battery Life
Water Resistant	50m	50m	1m for 30min	1m for 30min	1m for 30min	1m for 30min	50m	50m	Between 10-12 Hours	Up to 18 Hours	Up to 15 Hours	Water Resistant
Weight	45g (M) / 38g (L)	40g	52g	52g	60g	72g	72g	72g	1m for 30min	1m for 30min	1m for 30min	Weight
Heart Rate Compatible	✓	✗	✓	✓	✓	✓	✓	✓	✗	✓	✓	Heart Rate Compatible
Calories	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Calories
Calories - FirstBeat (w/HRM)	✓	✗	✓	✓	✓	✓	✓	✓	✗	✓	✓	Calories - FirstBeat (w/HRM)
Foot Pod Compatible	✓	✗	✗	✓	✓	✓	✓	✓	✗	✗	✗	Foot Pod Compatible
Cadence Compatible	✓	✗	✗	✓	✓	✓	✓	✓	✗	✓	✓	Cadence Compatible
Power Meter Compatible	✗	✗	✗	✗	✗	✗	✓	✓	✗	✓	✓	Power Meter Compatible
Training Effect	✗	✗	✗	✗	✗	✓	✗	✓	✗	✗	✗	Training Effect
Virtual Racer	✗	✗	✗	✗	✗	✓	✗	✓	✗	✗	✗	Virtual Racer
Virtual Partner	✓	✗	✗	✗	✓	✓	✓	✓	✓ (Within a course)	✓ (Within a course)	✓	Virtual Partner
Interval Training	✓	✗	✗	✓	✓	✓	✓	✓	✗	✗	✓	Interval Training
Advance Workouts	✗	✓ (Drills and timed sets)	✗	✗	✓	✓	✓	✓	✗	✓	✓	Advance Workouts
Simple Workouts	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✓	Simple Workouts
Swim Metrics	✗	✓	✗	✗	✗	✗	✗	✓	✗	✓	✓	Temperature
Courses	✗	✗	✗	✗	✓	✗	✓	✓	✓	✓	✓	Courses
Laps	100 Laps	✓	1 000 Laps	1 000 Laps	1 000 Laps	1 000 Laps	1 000 Laps	1 000 Laps	1 000 Laps	1 000 Laps	1 000 Laps	Laps
Auto Pause	✓ (With Foot Pod)	✗	✗	✗	✓	✓	✓	✓	✓	✓	✓	Auto Pause
Auto Lap	✓ (With Foot Pod)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Auto Lap
Auto Scroll	✓	✗	✗	✗	✓	✓	✓	✓	✓	✓	✓	Auto Scroll
Pace Alerts	✓ (With Foot Pod)	✗	✗	✗	✓ (Adv. workouts only)	✓ (Adv. workouts only)	✓	✓	✗	✗	✓	Pace Alerts
Time/Distance Alerts	✓ (With Foot Pod)	✓	✗	✗	✓ (Adv. workouts only)	✓	✓	✓	✓	✓	✓	Time/Distance Alerts
Vibration Alerts	✗	✗	✗	✗	✗	✓	✓	✓	✗	✗	✗	Vibration Alerts
Maps	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	Maps
Accepts Data Cards	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	microSD	Accepts Data Cards
Routes	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✓	Routes
Waypoints	✗	✗	✗	✗	100	100	100	100	✗	✗	200	Waypoints
Multi-Sport Function	✗	✗	✗	✗	✗	✗	✓	✓	✗	✓	✓	Barometric Altimeter
Customisable Screens	✓	✓	✗	✗	✓	✓	✓	✓	✗	✓	✓	Customisable Screens
Garmin Connect	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	Garmin Connect
PC Connection	ANT+/Wireless	ANT+/Wireless	Data/Charging Clip	Data/Charging Clip	ANT+/Wireless	ANT+/Wireless	ANT+/Wireless	ANT+/Wireless	USB	USB	USB	PC Connection